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December 7, 2009

Saints Try New Technology Offered by San Diego Dentist

During a recent Monday Night Football's telecast of the Saints' thrilling 35-28 victory over the Atlanta Falcons in the Louisiana Superdome, color analyst and former Tampa Bay Buccaneers and Oakland Raiders Head Coach Jon Gruden talked about a new mouth piece that many Saints players are using this season. And as the weeks move on in the NFL, Gruden only continues to tell NFL viewers about this device which is now abuzz among local and professional athletes.

The revolutionary product is called: The Makkar Advantage Mouthguard (formerly called the Pure Power Mouthguard), which is now being offered by Dr. Shahin Safarian, a renowned neuromuscular dentist here in San Diego, CA.

Dr. Safarian, who used to play professional soccer with the San Diego Sockers and Puebla F.C. prior to pursuing a career as a leading San Diego dentist, is also fitting droves of athletes in the San Diego area with the device.

The Makkar Advantage Mouthguard is designed to be more than just a mouth guard and strives to increase balance, strength, flexibility, range of motion and endurance. Shaq O'Neil, star with the Cleveland Cavaliers, has also publicly endorsed the invention and highly credits it for his success on the court over the last year.

Numerous Saints players are now wearing the mouth piece, which were specially fitted for each individual player during consultations at the Saints' practice facility.

How does it work?

"The Science is based on the position of the lower jaw, when the lower jaw is in the right position it aligns the neck with the spine," says Dr. Safarian during an interview from his office which is located on Carmel Mountain Road. "When the body is in a perfect erect position, you experience the above noted benefits. Unfortunately, 95% of the population is not in proper alignment."

Dr. Safarian says that the proper alignment of the lower jaw, is defined, via a "tens" machine. "This machine relaxes the major muscle groups of the face, and thereby putting the jaw in a relaxed state. Once the right position of the jaw is found, it is captured with a bite registration material. This bite is then sent to a lab and incorporated into a re-positioning device (mouthpiece)," he says.

This special "bite" is the foundation of an athlete unlocking their true potential. Once the athlete bites into the Makkar Advantage Mouthguard, the muscles in their face become completely relaxed, which allows them to use more of their upper and lower body strength.

Instant balance is achieved, because the lower jaw has come down and forward, thus allowing the neck to align it with the spine.

There are currently over 300 professional athletes are using the Makkar Advantage, with representation in Major League Baseball (MLB), the National Basketball Association (NBA), the National Hockey League (NHL), the National Football League (NFL), and most sports in the National Collegiate Athletic Association (NCAA). As well, there are over 1,000 collegiate, Olympic and amateur athletes who have embraced the PPM phenomenon.

The Makkar Advantage Mouthguard was invented by Dr. Anil Makkar, a neuromuscular dentist in Canada and the device is now the rave in the sports world. Terrell Owens, Buffalo Bills, Josh Brown, St. Louis Rams, Michael Turner, Atlanta Falcons, Scott McCarron, PGA and Steve Elkington, PGA are just a handful of notable sports heroes using the high-tech device since it was launched only two years ago. Even celebrities like Mario Lopez and Chris Harrison are believers in the device and use it religiously during their workouts at the gym.

You can learn more at www.makkaradvantage.com

For more information:

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