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Oh go on, there's nothing painful with knowing Dr. Shahin Safarian
San Diego dentist works to fight off the 'Grand Imposter' with cutting-edge technology

A bad bite may be the real culprit for all sorts of pain, says a dentist here in San Diego, CA.

According to Dr. Shahin Safarian who has completed extensive training at the Las Vegas Institute (LVI) for Advanced Dentistry, there are thousands of people here in the city and across the USA who suffer from what is known as TMD (temporomandibular joint disorder) or TMJ (temporomandibular joint disorder), and they don't even know it.

"In the neuromuscular dentistry world we call TMD and TMJ the 'Grand Imposter,'" says Dr. Safarian during an interview from his office located on Carmel Mountain Road.

"I am now working to educate those about the 'Grand Imposter' and help them thwart it off for good."

Those who are held hostage to the so-called 'Grand Imposter' suffer from different types of pain like headaches, migraines, ear ringing, fatigue, dizziness, sensitive teeth, and posture imbalance, to name a handful.

"There are all sorts of people out there who are visiting various types of doctors and specialists to treat their specific pain while spending thousands of dollars," he says. "Little do they know they could have TMD or TMJ disorders."

Based on over 40 years of research, dental experts alike now estimate that over 90 percent of the population experiences some degree of malocclusion, otherwise known as a bad bite.

When people try to find their ideal jaw position, muscles become overworked. This can lead to teeth grinding, jaw popping, headaches, earaches, muscle spasms and inflammation of the temporomandibular joint.

Through specialized training at LVI and with cutting-edge technology, Dr. Safarian is treating people who suffer from TMD and TMJ.

With the aid of a computer-assisted diagnostic system, Dr. Safarian assesses a patient's muscle and joint health which finds the proper bite. The technology is also utilized in order to evaluate and listen to TMJ sounds. Once he finds a patient's correct bite, a mold is made and sent off to a lab where a bite appliance (orthotic) is made. The orthotic is designed specially for a patient and simply aligns their jaw and brings it back into its optimal position.

“For years, many in the dental world believed that TMD and TMJ were brought on by stress and psychological problems, but we have discovered that this is not true,” he says.

“Many years of research has proven that a bad bite is the real cause for different kinds of pain.”

He adds, “The research that has been conducted among neuromuscular dentists over the years has established a pleasant relationship between the teeth, muscles and joints to align the jaw in the most comfortable position possible.”

Dr. Safarian is now treating all sorts of patients at his practice who have been the victim of the ‘Grand Imposter.’

“The reaction I have been getting from new patients has been totally amazing,” he smiles. “Those that have been fitted with their own special orthotic keep telling me one thing, over and over: ‘Doc, my pain has gone away.’”

He adds, “It feels good to help others — those who have been suffering for years with various kinds of pain and being wrongly diagnosed.”

“I would encourage anyone who has headaches, migraines, ear ringing, fatigue, dizziness, sensitive teeth, and posture imbalance, to come and see me. A quick test can make all the difference in the world and can save people thousands of dollars.”

Dr. Safarian is a renowned neuromuscular dentist and is a graduate of the esteemed Las Vegas Institute (LVI) for Advanced Dentistry. As well, the San Diego based dentist offers the Makkar Advantage Mouthguard (formerly called Pure Power Mouthguard), a sport orthotic that aligns that jaw and helps improve an athlete’s strength, balance, flexibility and oxygen flow. The Makkaar Advantage Mouthguard is now being used by the New Orleans Saints and notable athletes like Shaq O’Neil, NBA, Josh Brown, NFL, and PGA pros Scott McCarron and Steve Elkington.

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